

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Sunday 01 Oct 2023 until 23:59 on Monday 02 Oct 2023

Forecast Issued on Saturday 30 Sep 2023 at 14:21 by Met Office Aberdeen

Confidence: Generally high, lower for detail of showers. Low by Wednesday with rain arriving from the west.

Headline for Sunday 01 Oct 2023: Sunny spells and a few showers on Sunday. Windy.

Mountain weather hazards on Sunday 01 Oct 2023

Blizzards

No Likelihood

Heavy persistent snow

No Likelihood

Storm force winds

No Likelihood

Gales

Medium Likelihood

Severe chill effect

Low Likelihood

Poor visibility

Low Likelihood

Thunderstorms

No Likelihood

Heavy persistent rain

No Likelihood

Strong sunlight

No Likelihood

Weather and chance of precipitation at 800m

Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Light rain	Light rain	Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Partly cloudy (night)
Precipitation probability							
70%	40%	30%	30%	20%	30%	30%	30%

Forecast for Sunday 01 Oct 2023

Weather: Light and patchy overnight rain clearing during the early hours. A few showers following behind during the morning, then largely dry with sunny spells and just the odd shower. Windy throughout, especially in the northwest.

Chance of cloud-free hill tops above 800m: 20% increasing to 90% around dawn.

Low Cloud and visibility: Broken cloud base 500-700m at first, breaking up through the latter part of the night. Few cloud base 700-800m perhaps lingering during the morning. Visibility moderate in rain or showers, otherwise good.

Forecast for Sunday 01 Oct 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	41/51 SE	32/40 S	38/48 SW	35/46 SW	27/36 SW	29/39 SW	31/41 SW	30/39 SW	28/38 SW
900	25/32 SE	23/30 SW	28/38 SW	27/37 SW	21/30 SW	22/32 SW	23/32 SW	22/32 SW	21/31 SW
600	36/45 S	28/35 S	34/44 SW	33/43 SW	23/32 SW	26/35 SW	27/36 SW	26/35 SW	25/34 SW
300	20/29 SE	14/23 SW	17/29 SW	18/28 SW	16/26 SW	17/28 SW	14/24 SW	13/24 SW	13/23 SW
Glen	10/23 S	10/22 SW	12/26 SW	14/27 SW	13/25 SW	14/28 SW	9/22 SW	8/20 SW	9/21 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	6/-0	7/1	7/1	5/-1	4/-2	4/-2	4/-3	4/-3	3/-3
900	7/3	9/5	9/4	8/3	8/3	8/3	6/2	6/1	6/1
600	12/6	11/6	11/6	10/6	10/6	10/6	9/5	9/4	8/4
300	12/9	13/10	13/10	12/9	13/10	13/10	12/9	11/8	11/8
Glen	13/12	14/12	14/12	14/12	15/13	14/12	13/11	12/11	12/10
Freezing Level*	2600m	2400m	2100m	1800m	1600m	1700m	1700m	1600m	1600m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Be aware of very strong winds, particularly at height.

Forecast for Monday 02 Oct 2023

Weather: Frequent, and at times heavy, showers expected throughout the day, with some sunny intervals. Best of the drier conditions in the south. Strong southwesterly winds continuing.

Maximum wind: Southwesterly 20-25mph gusting 35-40mph during the afternoon.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Visibility moderate in showers, otherwise good.

Temperature: **Glens:** Plus 10 rising to plus 15 Celsius

At 800m: Plus 5 to 7 Celsius

Freezing level: Above summits